

**Alzheimer** Society of Washington  
PO Box 4104, Bellingham, WA 98227  
360-671-3316 800-493-3959  
Fax: 360-715-9940  
Email: [alz@alzsociety.org](mailto:alz@alzsociety.org)  
Web: [www.alzsociety.org](http://www.alzsociety.org)

### Facts about us...

The Alzheimer Society of Washington is an independent 501C(3) nonprofit organization founded in 1983 and is a member of the Alzheimer's Foundation of America. Donations made to the Alzheimer Society stay in Washington State to support local programs and services.

### Our Mission Statement

- Provide support, knowledge and resources
- Empower those whose lives are affected by dementia
- Initiate improvements in the social and health systems

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**Alzheimer Society of Washington**  
PO Box 4104  
Bellingham, WA 98227-4104

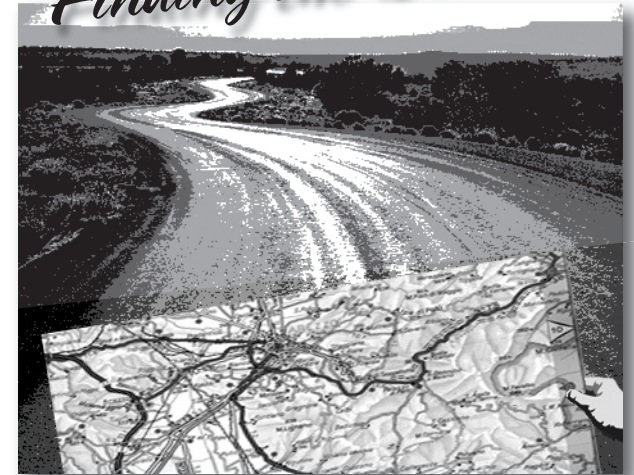


Member of  
**CAFA**  
Alzheimer's Foundation of America

## **Alzheimer** Society of Washington 2010 Spring Workshop

Teepa Snow  
*presents*

### *The Dementia Journey - Finding the Best Route*



**Friday, April 16, 2010**  
**8:15 am to 4:30 pm**

Christ the King Center  
4173 Meridian Street, Bellingham, WA

#### Sponsors

Bellingham Health Care & Rehabilitation Services  
Courtyard Dementia Care • Custom Prescription Shoppe  
Highgate Senior Living • Lynden Manor

## Speaker

### Teepa Snow, MS, OTR/L, FAOTA *Dementia Care & Training Specialist*

Teepa works tirelessly to inform and educate people who are caring for people with dementia. She travels all over the country to provide Dementia Care Training in a wide variety of settings. Her program this year will use *The Dementia Journey – Finding the Best Route* as a metaphor for dementia care. She will discuss diagnosis and the need to talk to a doctor who understands; the people and community involved and the qualities of a care partner; the specifics of care and skill building for each stage; and hospitalization, pain, incontinence, mobility and falls.

#### Directions to Christ the King Center and Holiday Inn Express 4173 Meridian Street • Bellingham, WA



Meeting location is handicap accessible. Sign language interpreter service, assistive listening systems and written materials in alternative format are available upon two weeks' advance request.

From south of Bellingham

- Travel North on I-5
- Exit at Meridian St. Exit #256
- Turn RIGHT, travel to Westerly Road
- Turn LEFT on Westerly Road
- Turn LEFT into parking lot of Christ the King Center

From north of Bellingham

- Travel South on I-5
- Exit at Meridian St. Exit #256
- Turn LEFT, travel to Westerly Road
- Turn LEFT on Westerly Road
- Turn LEFT into parking lot of Christ the King Center

**Holiday Inn Express – Special Room Rates Available before April 2nd**  
4160 Meridian St., Bellingham, 360-671-4800

## Workshop Schedule

- 7:00 Vendor set-up
- 7:30 Check-in begins – Continental breakfast provided
- 8:20-8:30 Welcome
- 8:30-10:00 ***Planning for the Trip – Evaluation, diagnosis, plan of action***
- 10:00-10:30 Break
- 10:30-12:00 ***Traveling Companions – The people, team, community, support groups, places***
- 12:00-1:00 Lunch
- 1:00-2:30 ***Gathering Tools for the Trip – Specifics of care and skill building for each stage***
- 2:30-2:45 Break
- 2:45-4:15 ***Dealing with the Potholes – Hospitalization, pain, incontinence, mobility, falls***
- 4:15-4:30 Evaluation/Certificate

Credit hours: 6 hours



It is the policy of the Alzheimer Society to ask participants to limit their use of fragrance as an accommodation to others.  
Thank you for your consideration.

## Registration or Vendor Form

*Pre-registration required*

Please complete one form for each participant

Name \_\_\_\_\_

Agency \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_

### COST

Members Early Registration \$40

Non-Members Early Registration \$60

### AFTER MARCH 26, 2010

Members Registration \$60

Non-Members Registration \$80

**VENDOR TABLES \$125**

**Checks:** Please make payable to  
**Alzheimer Society of Washington**  
and mail to PO Box 4104, Bellingham, WA 98227

### Credit Card:

VISA  MC Expiration Date: \_\_\_\_\_

Acct. # \_\_\_\_\_

**Register by Phone:** 360-671-3316 or 800-493-3959

**Visit our Website:** [www.alzociety.org](http://www.alzociety.org)

For Respite Care call NWRC 360-676-6749 before March 29.  
For scholarship information call Alzheimer Society at 671-3316.

*No refunds after April 9, 2010*